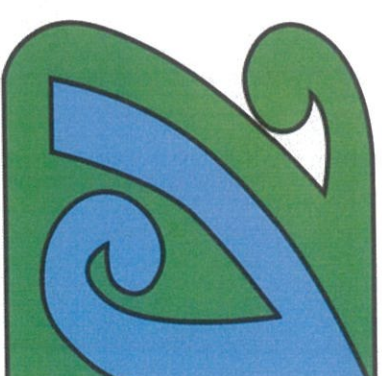


MHAWW 2023

Mental Health Awareness Week



He Oranga Tangata

Ngati Kahu Social & Health Services welcome you to our two-day event

Thursday 21st September, Dalmatian Hall 10:30am
Guest speaker – CE of 'I Am Hope' Foundation, brunch

Friday 22nd September, march from Ngati Kahu Social & Health Services
35 Puckey Ave at 11am to the Te Ahu Centre community event

Fun & activities, spot prizes, kai, karaoke, circability, bling your gumboots,
Tik Tok, colouring competition